

WHAT THE BIBLE SAYS ABOUT ITSELF

2 Timothy 3:10-17

2 Peter 1:16-21

Awareness

Before listening, reflect:

- How often do you believe what someone says about themselves? Does it make a difference if they're a stranger, acquaintance, family member, or close friend? Does their relationship to you matter?
- Do you regularly read the Old Testament? Why or why not?

In a digital world rife with clickbait and media sources clamoring for our attention, it is prudent for us to check the credibility of our sources. Usually this involves verifying authorship and comparing what we hear or read with other reputable sources. But is it right to apply the same sort of scrutiny to the Bible to determine its trustworthiness? Reviewing what we believe about the Bible's authorship and how the Bible we hold in our hands (or read on our mobile devices) came into existence, and studying the scriptures that inform these beliefs help us discuss why we can take this book by its word and trust it.

Listen: [*What the Bible Says about Itself*](#)

Reflection

After listening, consider:

- At the opening of the program, host Scott Hoezee says, "we cannot really prove it [the Bible] to the satisfaction of our fiercest critics, but we do prove it by living it, by having scripture change us and transform us from the inside out—the Holy Spirit lives in us." Can you identify a time when a scripture led you to change? Or when a new understanding of scripture opened your eyes and changed your views? What type of lasting impact did you see in your faith and in how you live your life?
- Sit for a moment and observe your breathing. What do you notice? How does thinking about breath and breathing help you better understand inspiration and the God-breathed nature of the Bible?
- In reflecting on how we prove the truth of the Bible in segment 3, host Dave Bast notes, "Christians have long said that only God will convince you of this truth. It is something that the Holy Spirit, who inspired the writers of the scripture originally, can do for its readers today." What is your reaction to this concept that the Holy Spirit has been at work every step of the way in the writing, selecting, and inspiring our faith to believe in the truth of the Bible?
- Describe images that come to mind when you think about the Holy Spirit hovering over the scriptures. What do these images teach you about the relationship between the Holy Spirit and the Bible?

Related Passages

- **Psalm 119**
- **Matthew 17:1-13/Mark 9:2-13/Luke 9:28-36**
The Transfiguration of Jesus Christ
- **Acts 2:42-47**

Conclusion

Spend the next week reading Psalm 119. Each day, read 24-32 verses of the Psalm and reflect on the Psalmist's feelings about God's word. Consider journaling your thoughts and reactions. Each day, ask for the Holy Spirit to inspire your study so that your trust in God's word would deepen. Close with a prayer of thanksgiving for God's word and the Holy Spirit's inspiration of the Bible's human writers.

<https://groundwork.reframemedia.com/episodes/what-the-bible-says-about-itself>

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